

THE NORTH THORESBY PRACTICE

Dr P Harris
Dr S Vennila
Dr S Mitra
Dr H Macrorie
Dr S Kucharuk

The Surgery
Highfield Road
North Thoresby
N.E. Lincs
DN36 5RT
Tel: 01472 840202
Fax: 01472 840970

North Thoresby Practice (adapted from Jane chiodini) **Travel Consultation Protocol / Clinical Guideline**

Aims and Objectives

1. To increase travellers' awareness of the diseases and other health risks related to foreign travel, particularly in higher risk countries.
2. To obtain accurate and up to date information to determine the appropriate travel health advice and vaccination(s) for the travellers' personal health profile and travel itinerary.
3. To use up to date travel health resources including national guidelines and online databases to help decide the appropriate risk management for the individual traveller
4. To deliver appropriate risk management advice on the prevention of disease (including malaria prevention advice where indicated) and also the non-disease health risks related to such travel
5. To administer appropriate travel vaccinations in a safe manner, having made the patient aware of any side effects and obtained the patient's consent.
6. To work within 'The code: Professional standards of practice and behaviour for nurses and midwives' from the Nursing and Midwifery Council (<http://www.nmc.org.uk/standards/code/>) at all times and other relevant documents..

Target Group

Travellers who attend – *North Thoresby Practice* - requesting advice for foreign travel.

Staff Involved

Lyndsey Evans PN
Viv Sleeman PN
Gemma Hooper PN

Available resources

1. The Green Book

Salisbury D, Ramsey M. eds. *Immunisation against Infectious Disease*. First published in 2006 as Immunisation against infectious disease by The Stationery Office, and popularly known as the 'Green Book', this publication is now available as individual chapters via the Immunisation section of the GOV.UK website and not in printed form. Updates available at <https://www.gov.uk/government/collections/immunisation-against-infectious-disease-the-green-book> (Please note, the paper copy of the Green Book should no longer be used).

2. The Yellow Book (please be aware this book was published in 2010 and is no longer available to purchase and some sections may be out of date, however a lot of the information remains very useful.)

Field VK, Ford L, Hill DR, eds. (2010) *Health Information for Overseas Travel*. National Travel Health Network and Centre, London, UK. www.nathnac.org

3. The UK Malaria Guidelines

Chiodini PL, Patel D, Whitty CJM and Laloo DG. Guidelines for malaria prevention in travellers from the United Kingdom, 2015. London: Public Health England, September 2015.

<https://www.gov.uk/government/publications/malaria-prevention-guidelines-for-travellers-from-the-uk>

4. British National Formulary (latest edition!) www.bnf.org

5. Online computer database e.g. TRAVAX - www.travax.nhs.uk and or NaTHNaC

<http://travelhealthpro.org.uk/> (please note, the use of charts published in journals is no longer for the preferable way for providing up to date advice within a consultation, online databases are updated far more regularly and are the recommended option)

6. Recommended websites for up to date information for health care professionals but some useful ones also for travellers e.g.

- **Health Protection Scotland - TRAVAX for Health Care Professional** www.travax.nhs.uk and their public site www.fitfortravel.nhs.uk
- **National Travel Health Network and Centre** <http://travelhealthpro.org.uk/>
- **Foreign and Commonwealth Office** <https://www.gov.uk/foreign-travel-advice>

All links below can also be accessed through www.janechiodini.co.uk

Further Specialist Advice e.g.

1. Health Protection Agency Malaria Reference Laboratory www.malaria-reference.co.uk to download a risk assessment form for completion on your computer. Then fax to 020 7367 0248 to receive a fax back reply within three working days
2. Health Protection Scotland (for TRAVAX users) weekdays 2pm – 4pm Mon. and Wed., Fri.
9.30am – 11.30am
Tel: 0141 300 1130
3. National Travel Health Network and Centre (NaTHNaC) 9am – 11.45am and 1pm – 3.45 pm weekdays Tel: 0845 602 6712 Monday to Friday but **closed on Wednesday afternoons** and Bank Holidays.

Equipment and Stationery –

Travel risk assessment form
Travel risk management form
Travel health advice leaflet
Children's bravery certificates

needles gauge 21/23
sharps bin
pre-injection swabs
cotton wool
Plasters
1ml syringes

Practice Organisation –

Patients to be asked to attend surgery at least 6 weeks before travel to collect risk assessment forms and to be submitted prior to their travel consultation appointment.

Where notice is short, receptionists to gather details of the traveller's destination, dates, duration and nature of travel, and to complete form prior to appointment.

To ensure adequate times are booked for the GPN, dependent upon experience and competencies, appointment allocation to range between 20-30 minutes.

To ensure staff are competent and have completed relevant training, including yearly updates, to ensure is up to date and remains confident and competent to carry out and complete a travel consultation.

Risk assessment forms to be located at the reception, although after discussion with the practice manager, practice website to be updated to include risk assessment forms that will allow the patients to download independently to complete.

Travel Clinic Consultation

Assessment of traveller

Details need to be obtained to allow the travel health adviser make an informed assessment of the traveller.

Travel risk form to be completed by the traveller prior to the appointment

Management of traveller

Having assessed the individual traveller's history with all information obtained as per protocol.

The GPN will;

- determine and then explain the travel health risks to traveller;
- obtain informed consent to vaccinate; administer vaccines according to patient group direction
- document details of vaccines given, provide the patient with information leaflets
- document details of malaria prevention advice given (ABCD) including choice of malaria chemoprophylaxis
- complete medical documentation on system one, to ensure risk assessments as recorded as attachments to evidence assessment and appropriate management

General issues

- Checking of vaccine stock for next session, ensure stock is rotated and maintained in line with the local cold chain policy.

Audit

- The vaccinator will maintain and upkeep the audit records for the monthly vaccine returns situated in the holiday vaccinations record file.
- To look at developing an audit that will retrieve all travel consults over a 6 monthly period to ascertain the uptake of the service – focused upon using read codes

Review

These guidelines should be reviewed annually to ensure standard practice is the same, contact details and publications are still current.

Next review on or before: *May 2022*

Completed by Gemma Hooper