

## THE NORTH THORESBY PRACTICE

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### **Protocol for Nurse Management and administration of subcutaneous injection Prostap 3.75mg/ 11.25mg**

Prostap injections are a specialist only prescribed medication. Prostap injections are also known as Leuprorelin, which is a type of hormone therapy known as a LHRH. These injections are available in two different doses and its indications may differ for use, dependent on the dose.

3.75mg can be prescribed for those patients with

- prostate cancer
- endometriosis
- endometrial thinning prior to intra uterine surgery
- reduce fibroids prior to surgery is experiences associated bleeding
- preservation of ovarian function
- pre-peri menopausal breast cancer

11.25mg can be prescribed for those patients with

- prostate cancer
- endometriosis
- pre- peri menopausal breast cancer

#### Prior to consultation

- check the consultant prescribing instruction as attached in the patients records, filed within the communications and letters file
- Check when the patients last injection was administered to ensure they are due their injection at the time of the appointment

- Ensure you are fully aware of the drug and its side effects and are up to date with the procedure for anaphylaxis management.

### The consultation

- Introduce yourself to the patient
- Ensure they understand the purpose of their visit.
- Explain the procedure to the patient and offer the opportunity for questions
- Gain consent from the patient

### Equipment

- gloves
- apron
- cotton wool
- sharps bin
- Cleaning swab
- plaster
- Prescribed prostep injection- all pre packed, this includes needles for use

### Procedure

- Ensure the patient provides consent for the injection.
- Check drug is within date and is the correct dose as per prescription
- Follow the manufacturers instruction to prepare the substance prior to injection
- Ensure all medication is dissolved and all air is expelled
- Choose site of injection, ideally this should be side alternated from the last injection, lower abdomen below naval site is preferred site of injection
- Cleanse skin with cleaning swab if the skin is visible unclean.
- Gently pinch the skin of and insert needle at a 45 degree angle

- Once the needle is inserted in to the subcutaneous layer, administer the drug slowly
- Once administered remove the needle at the same angle
- Apply safety catch and dispose needle in the sharps bin immediately
- If the injection site bleeds, apply direct pressure over the area using cotton wool until stopped, if the injection site continues to bleed, apply a plaster ensuring there are no allergies, if so cotton wool and tape may be suffice
- Advise the patient when their next injection is due for an appointment to be booked, if the injection due within the next 6 weeks, then make the appointment for the patient. If longer the patient will need to contact the surgery closer to the date to make appointment
- Be observant for any reactions, Ensure the patient is well recovered from the injection before allowing the patient to leave.
- Ensure this procedure is documented on the patients S1 records, documentation is to include
  - Site of injection
  - Batch number
  - Expiry date
  - Date next injection due
  - Set recall for next injection

Please ensure a prescription is generated for the medication used for the dispensary.

## References

[prostag sr dcs | Clinical medicinal product information | BNF content published by NICE](#)

[prostag 3 dcs | Clinical medicinal product information | BNF content published by NICE](#)

These guidelines should be reviewed annually to ensure standard practice is the same and publications and evidence remain up to date.

Next review on or before May 2022

Completed by Gemma Hooper